



# St. Peter's Physical Education Curriculum Overview



|           | Unit 1          | Unit 2           | Unit 3                 | Unit 4                 | Unit 5                      | Unit 6                |
|-----------|-----------------|------------------|------------------------|------------------------|-----------------------------|-----------------------|
| Reception | Body management | Body management  | Speed, agility, travel | Speed, agility, travel | Manipulation & coordination | Gymnastics            |
| Year 1    | Send & return   | Run, jump, throw | Dance                  | Gymnastics             | Hut, Catch Run              | Attack, Defend Shoot  |
| Year 2    | Dance           | Gymnastics       | Send and Return        | Run, jump, throw       | Hit, catch, run             | Attack, defend, shoot |
| Year 3    | Dance           | Gymnastics       | Handball               | Tennis                 | Rounders                    | Athletics             |
| Year 4    | Dance           | Gymnastics       | Handball               | Tennis                 | Rounders                    | Athletics             |
| Year 5    | Dance           | Gymnastics       | Handball               | Tennis                 | Rounders                    | Athletics             |
| Year 6    | Dance           | Gymnastics       | Handball               | Tennis                 | Rounders                    | Athletics             |

Loved by Jesus, we love, we learn, we live and grow together for Him