



St. Peter's Relationships and Health Education Curriculum Overview



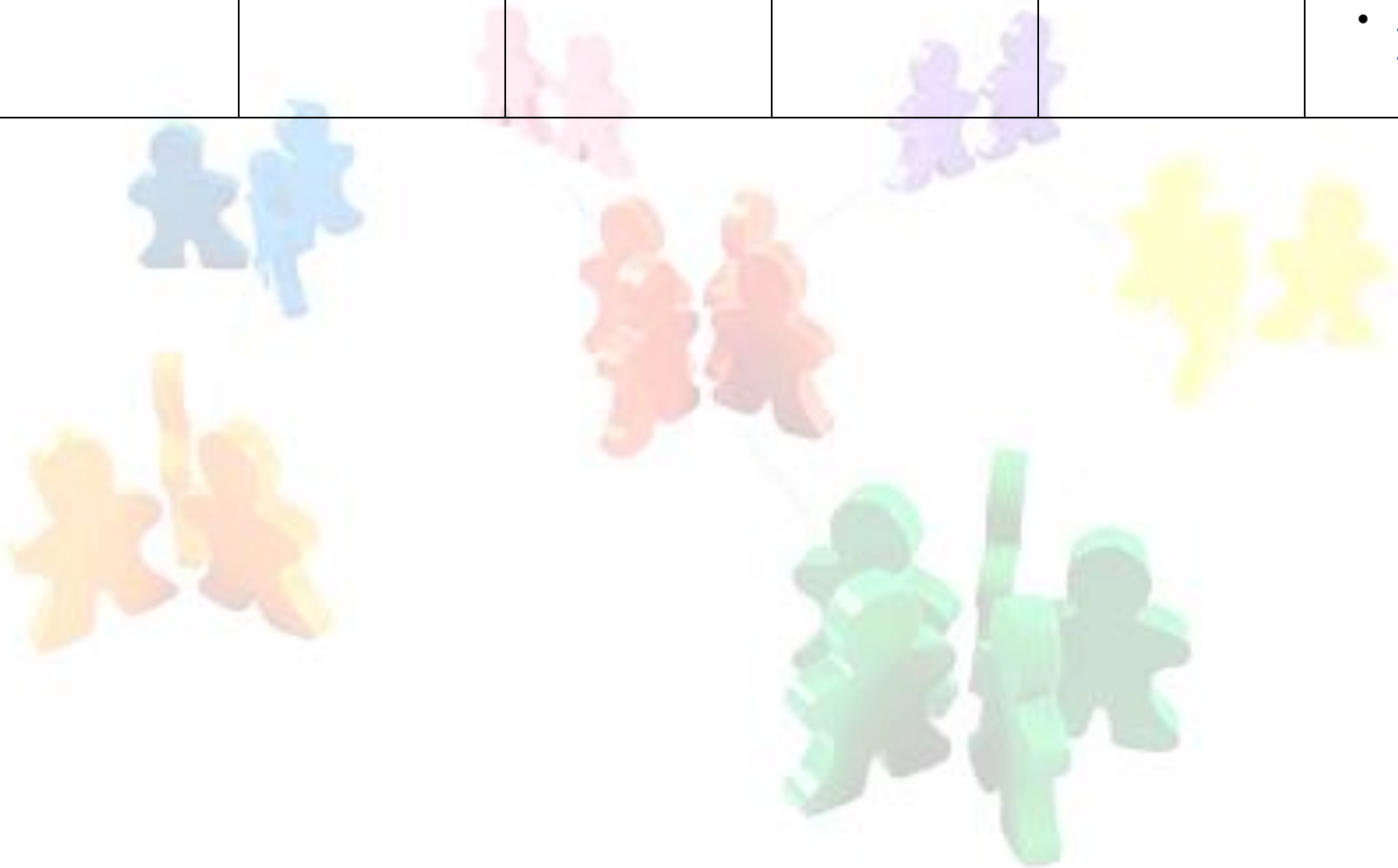
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year R	• Story Sessions: Handmade With Love	• Who's Who? • You've Got A Friend In Me • Forever Friends	• I Am Me! • Head Shoulders Knees and Toes • Ready Teddy • What is the Internet? • Playing Online	• I Like You Like, We All Like • All the Feelings • Let's Get Real	• Growing Up • God Is Love • Loving God, Loving Others • Me, You Us • When I Grow Up... • Money Doesn't Grow on Trees	• Safe Inside and Out • My Body My Rules • Feeling Poorly • People Who Help Us
Year 1		• God Loves You • Special People • Treat Others Well • Say Sorry		• Good and Bad Secrets • Physical Contact • Harmful Substances • Can You Help Me?		• Three in One • Who is my Neighbour? • The Communities We Live in. • Who will I Be?
Year 2	• Story Sessions: Let The Children Come	• I am Unique	• Feelings, Likes and Dislikes • Feeling Inside and Out • Super Susie Gets Angry	• Real Life Online • Rules to Help Us	• Wants and Needs • The Cycle of Life • Beginnings and Endings • Change is All Around	• Girls and Boys (My Body) • Clean and Healthy

Loved by Jesus, we love, we learn, we live and grow together for Him

Year 3	• Story Sessions: Jesus My Friend	• The Sacraments • Family, Friends and Others • When Things Feel Bad		• Sharing Online • Chatting Online • Safe in My Body • Drugs Alcohol and Tobacco • First Aid Heroes • Rights and Responsibilities	• Working Together	• A Community of Love • What is the Church • How Do Love Others
Year 4	• Story Sessions: Get Up!		• What Am I Feeling? • What Am I Looking At? • I am Thankful	• Money Matters	• We Don't Have to Be The Same • Respecting Our Bodies • What is Puberty? • Changing Bodies • Boy/Girl Discussion Groups	• Life Cycles • A Time for Everything • Big Changes, Little Changes
Year 5	Story Sessions: Calming The Story	• Build Others Up	• Under Pressure • Do You Want a Piece of Cake • Self Talk	• Sharing Isn't Always Caring • Cyber Bullying • Types of Abuse • Impacted Lifestyles • Making Good Choices • Giving Assistance	•	• The Holy Trinity • Catholic Social Teaching • Reaching Out • Menstruation

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Year 6	Is God Calling You	Gifts and Talents	Body Image Peculiar Feelings Emotional Changes	Girls' Bodies Boys' Bodies Spots and Sleep	Money and Me	Menstruation Making Babies (Part 1) Hope Beyond Death Coping With Change
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